

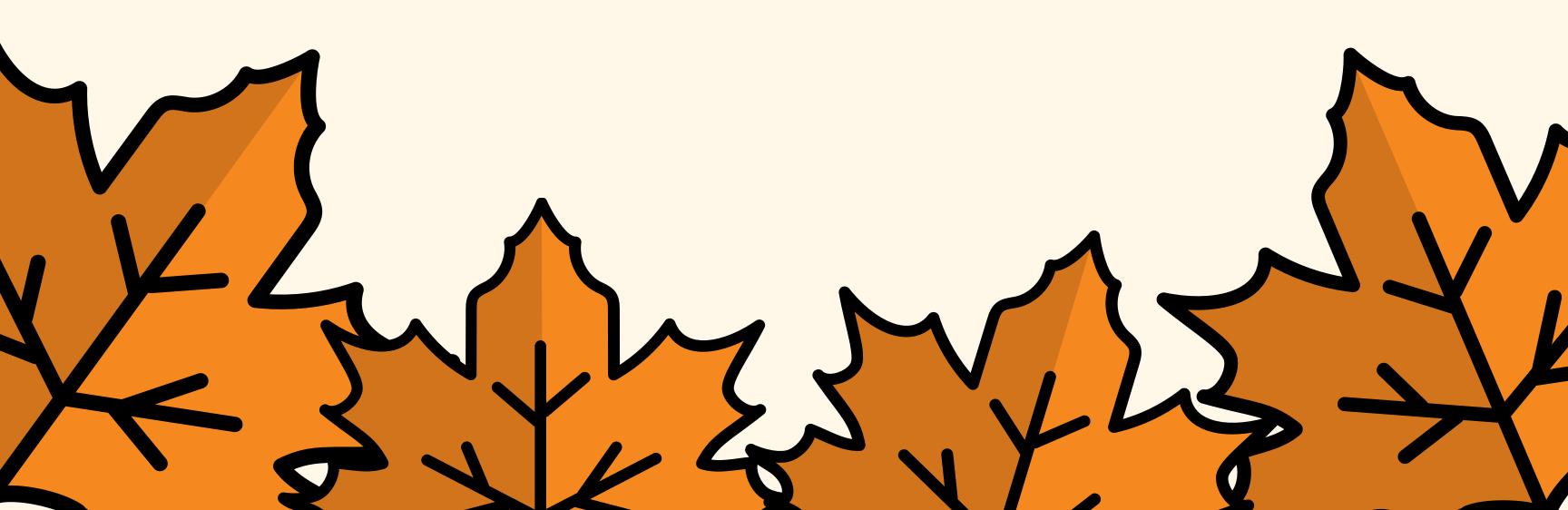
ORCHESIS DANCE COMPANY

OCTOBER



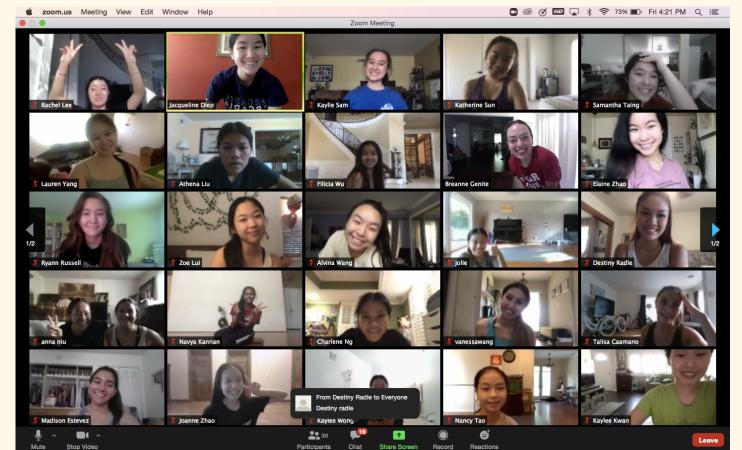
NOVEMBER

NEWSLETTER 2020

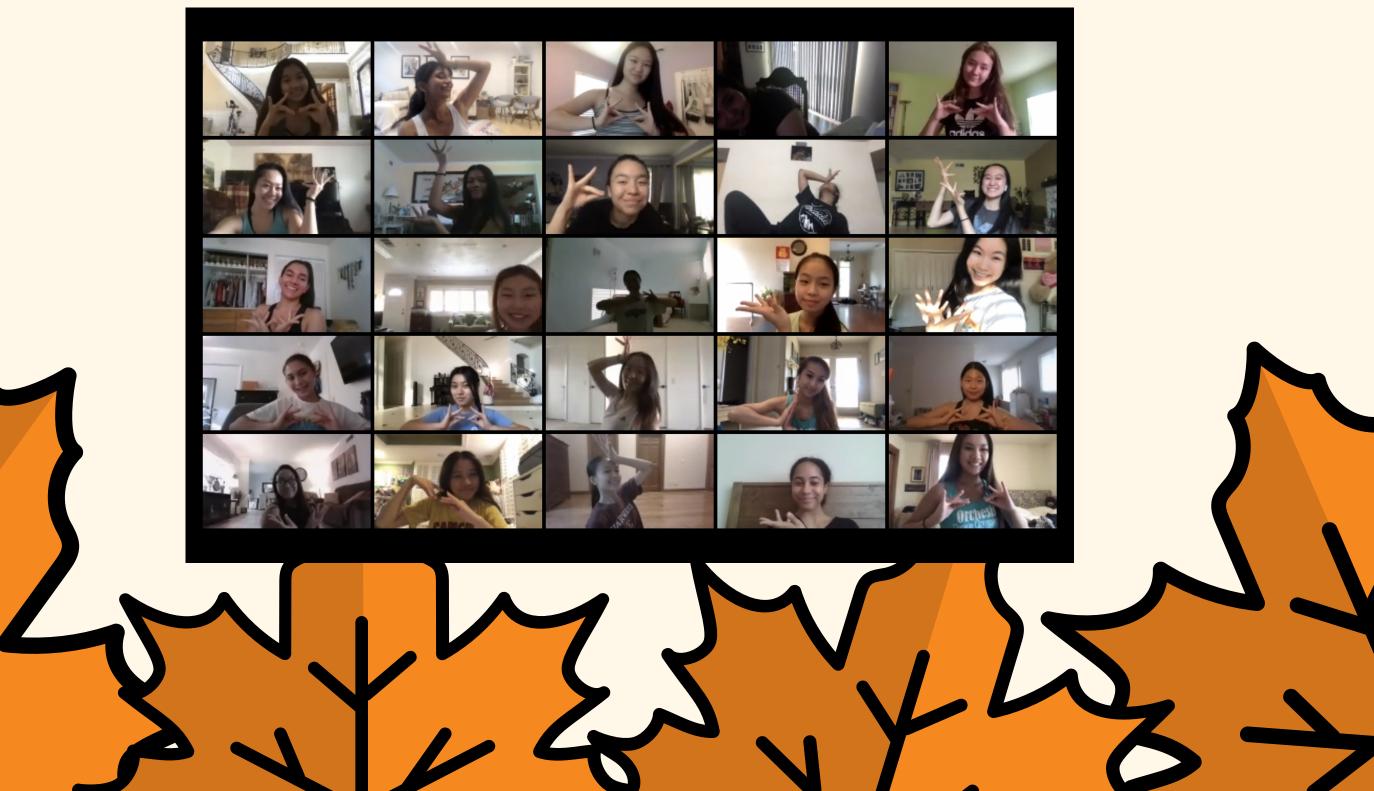


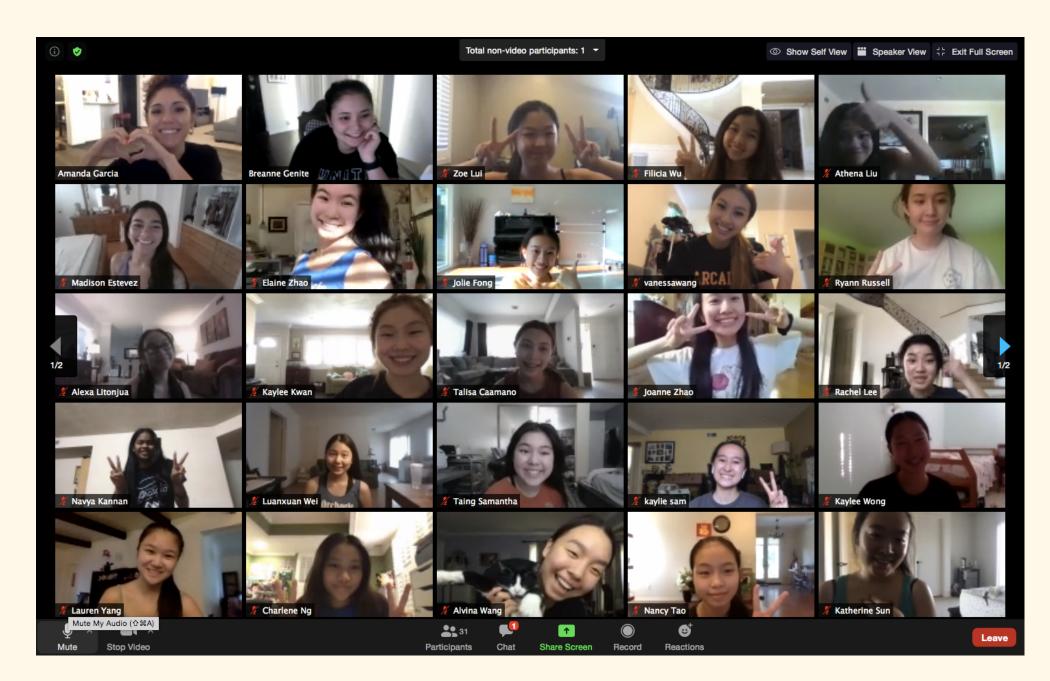
October was filled with many master classes and Orchesis took this as an opportunity to be exposed to a plethora of dance styles and work with new and different guest choreographers. These master classes ranged from jazz to contemporary, and even Bollywood. Each choreographer brought in different aspects and qualities that helped members improve their dancing and explore new ranges of movement even if that meant going outside their comfort zones. Orchesis was able to successfully adapt to learning through a virtual platform. Lastly, thank you to all the guest choreographers for your time, hard work, love, and support.

<u>Allison Hart</u>, one of our talented directors and an Orchesis alumni, taught a lively jazz routine that allowed dancers to focus on directional changes and improving their energy and performance quality.



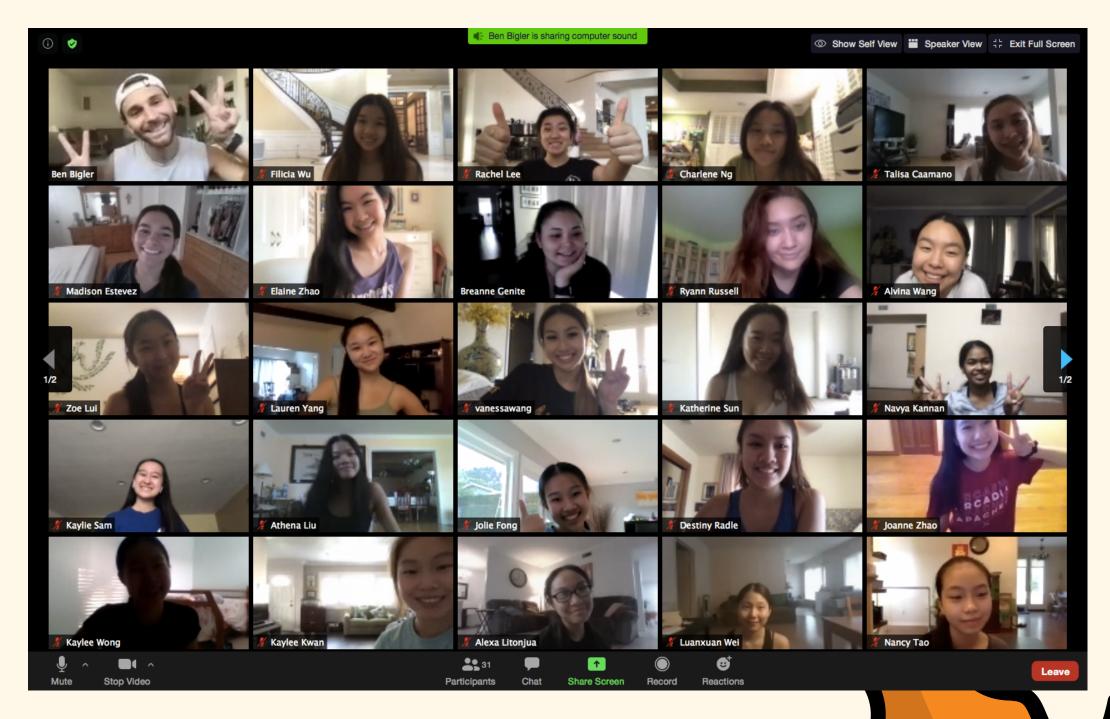
The company was able to explore outside of their comfort zones in an energetic Bollywood piece taught by <u>Kavita Rao</u>. Kavita taught Orchesis the importance of telling a story through dancing and spreading energy all the way through to your finger tips.



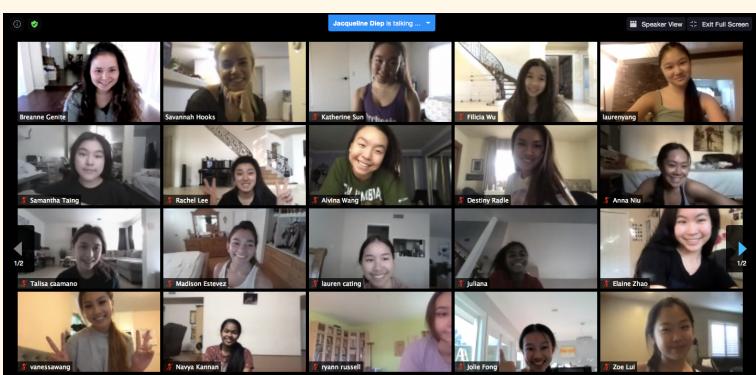


Amanda Garcia taught a dynamic and technical contemporary routine to the song "Drop the Game" by Flume and Chet Faker. Amanda will also be choreographing a dance for Orchesis in the spring.

The company was able to take another master class taught by <u>Ben Bigler</u>. Ben taught a contemporary routine that was filled with energy from beginning to end.



Orchesis was able to challenge themselves with an intricate and technical contemporary piece taught by <u>Savannah</u> <u>Hooks.</u> The company was able to learn a lot from Savannah's stylistic and dynamic qualities as well as learning new ways to initiate movements.





Denise Leitner taught a beautiful lyrical routine to the new song "Wonder" by Shawn Mendes. Dancers were able to pour their emotions out and make use of their entire upper body during Denise's class.

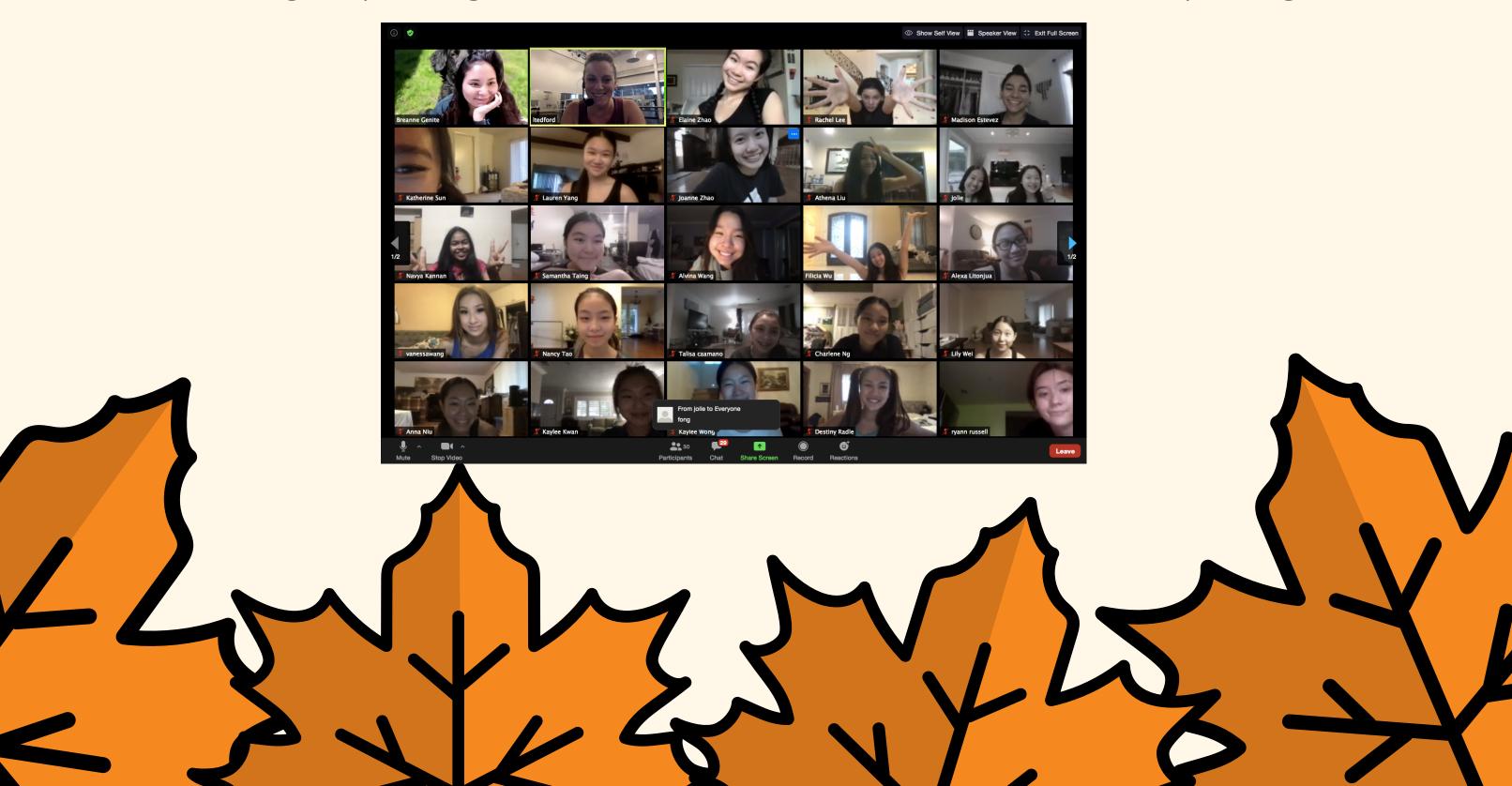


<u>Alex Kessinger</u> visited Orchesis once again, but this time she taught a fun but challenging jazz routine. Alex was also able to provide insight on the dance industry and give advice on balancing school and dance life.



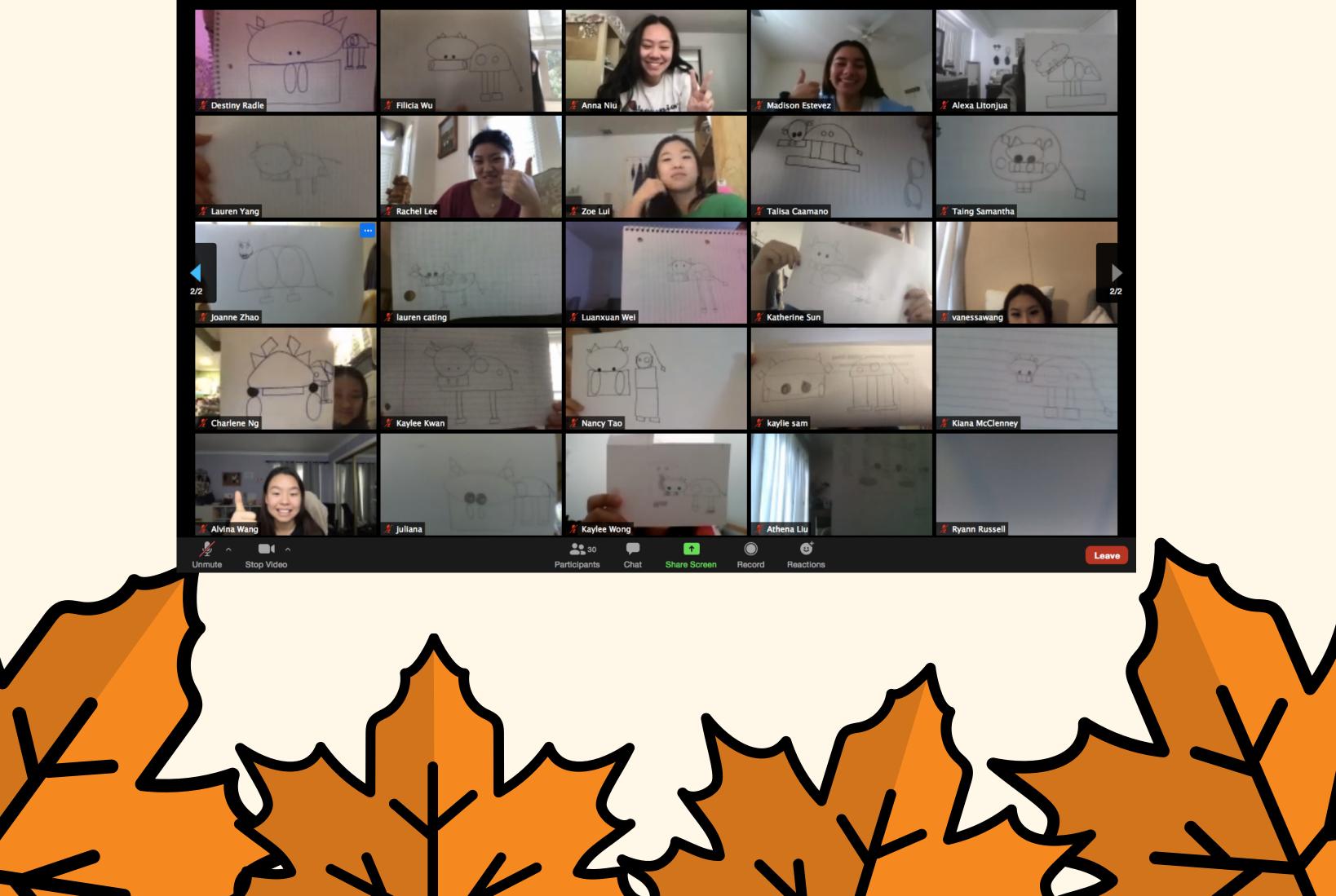
Liza Tedford, one of our passionate directors and the

instructor for Beginning and Intermediate dance, taught an exciting jazz routine. Orchesis had plenty of fun jamming out to "Don't Stop Me Now" by Queen. Liza will also be choreographing a dance for Orchesis in the spring.



UNITY CLASS

Unity is an important quality needed to form a successful team. Orchesis was blessed to have the chance for Ms. Dillman, the principal, to come in and teach the company more about finding your true self and breaking the stereotypes that society may hold about you. On top of this, the officers organized a bonding event filled with ice breakers and games to get members to know each other better and develop teamwork skills.



OPEN HIP HOP CLASS

Orchesis held another hip hop class this month and opened it to the middle schools for the first time. Arcadia middle school students were able to learn a fun and upbeat hip hop routine choreographed by Officers Elaine Zhao and Madison Estevez to "Dynamite" by BTS. We hope to see these young dancers join the Arcadia Dance Department in the future and thank you to those who joined us!



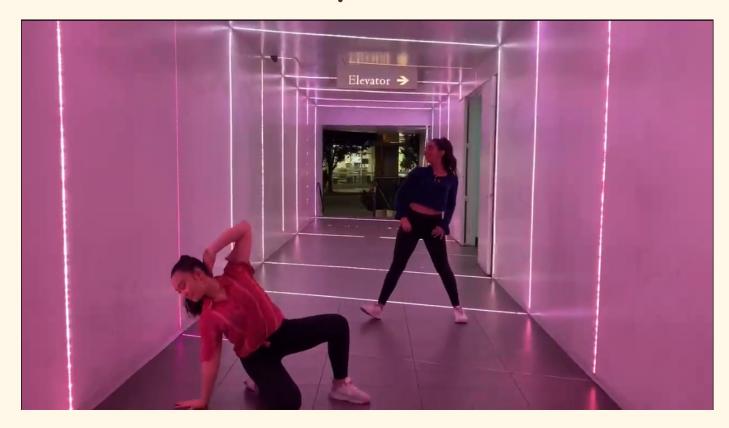
B-DANCE

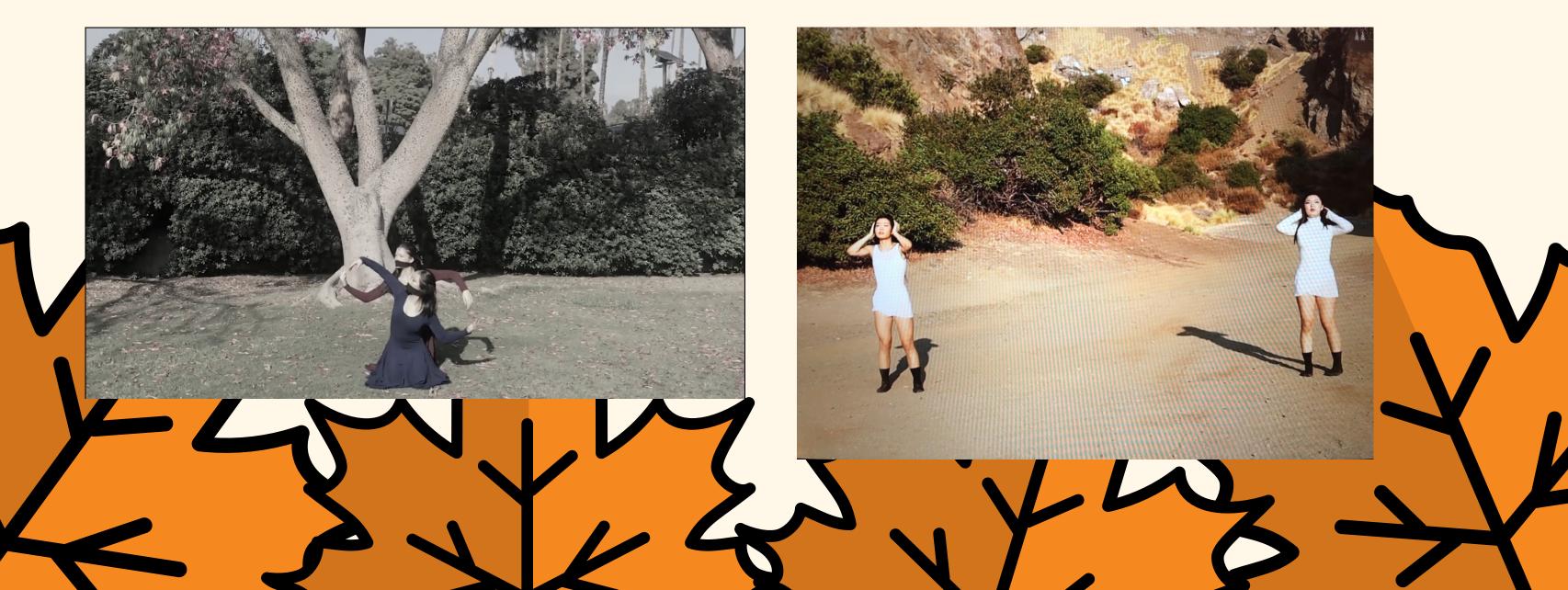
CHOREOGRAPHERS

Feeling motivated with fresh ideas and getting those creative juices flowing, Orchesis jumped into their B-Dance choreography projects. Working in pairs, dancers presented their 1-minute piece to be evaluated by the company based on musicality, choreography, and creativity. Congratulations to Kaylee Wong & Athena Liu, Elaine Zhao & Rachel Lee, Jacqueline Diep & Alvina Wang, and Madison Estevez & Alexa Litonjua & Kiana McClenney for being chosen as this year's B-Dance choreographers! We look forward to seeing the

finished product of these diverse pieces!







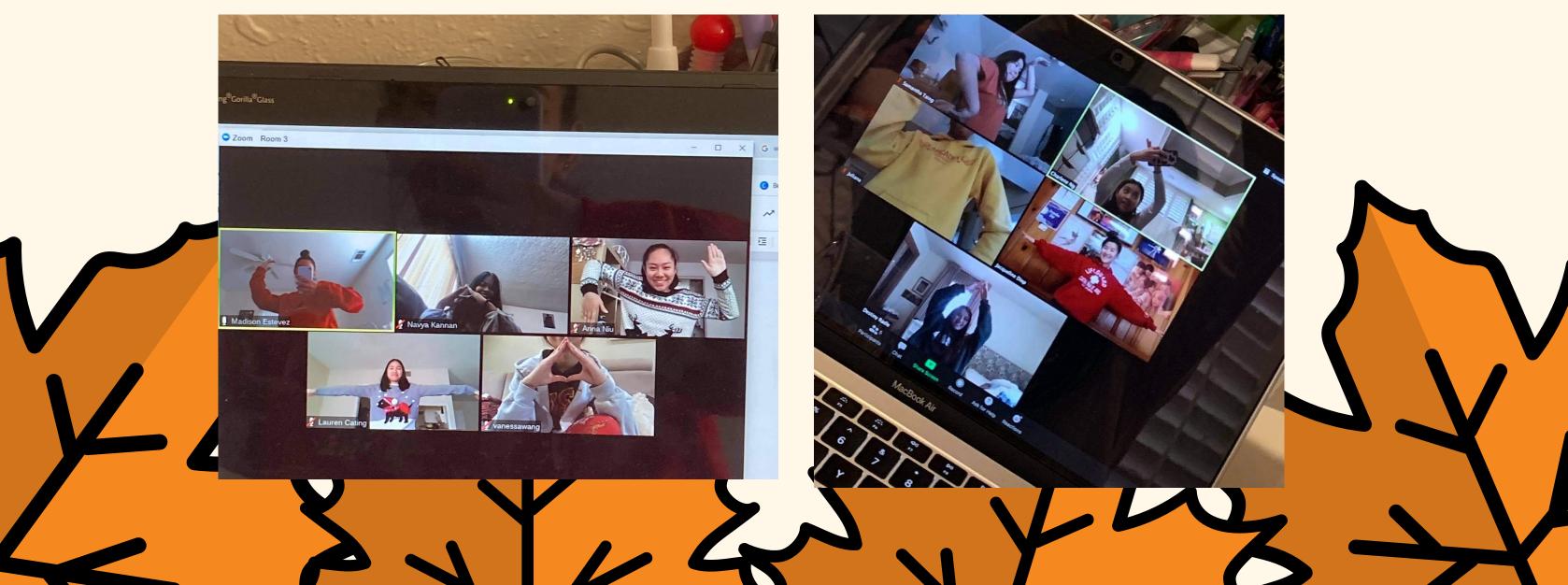


OLYMPICS

After wanting to try this for many years, Orchesis is finally doing an O-Fam Olympics. Members team up in o-fams and play games as well as participate in themed contests (ex: Halloween costumes & cookie decorating for Christmas). Each o-fam accumulates points based on how well they do at each event/contest and at the end of the semester, there will be a prize for the winning o-fam. Amidst all the school stress, Orchesis is able to bond and have fun while getting to know each other better and develop a sense of family with one

another.



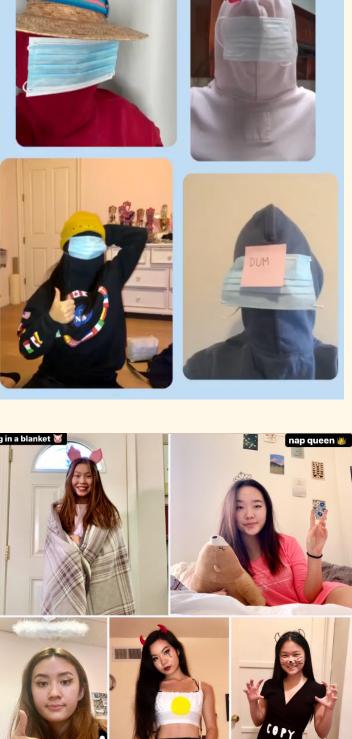


COSTUME CONTEST

To celebrate Halloween, Orchesis held a costume contest where each O-fam worked together to coordinate a theme and costumes. Judged by followers of the Orchesis instagram page, Jacqueline's O-fam (traffic cones) came in 1st place, followed by Madison's O-fam (ghosts) in 2nd, Alvina's O-fam (Among Us characters) in 3rd, Jolie's O-fam (farm animals) in 4th, Zoe's O-fam (fairies) in 5th, and Elaine's O-fam (puns) in 6th place. Members also worked within their O-fams to complete a virtual Harry Potter themed escape room. Winners of these two events will receive points that

contribute to the rankings in the O-fam Olumpics.

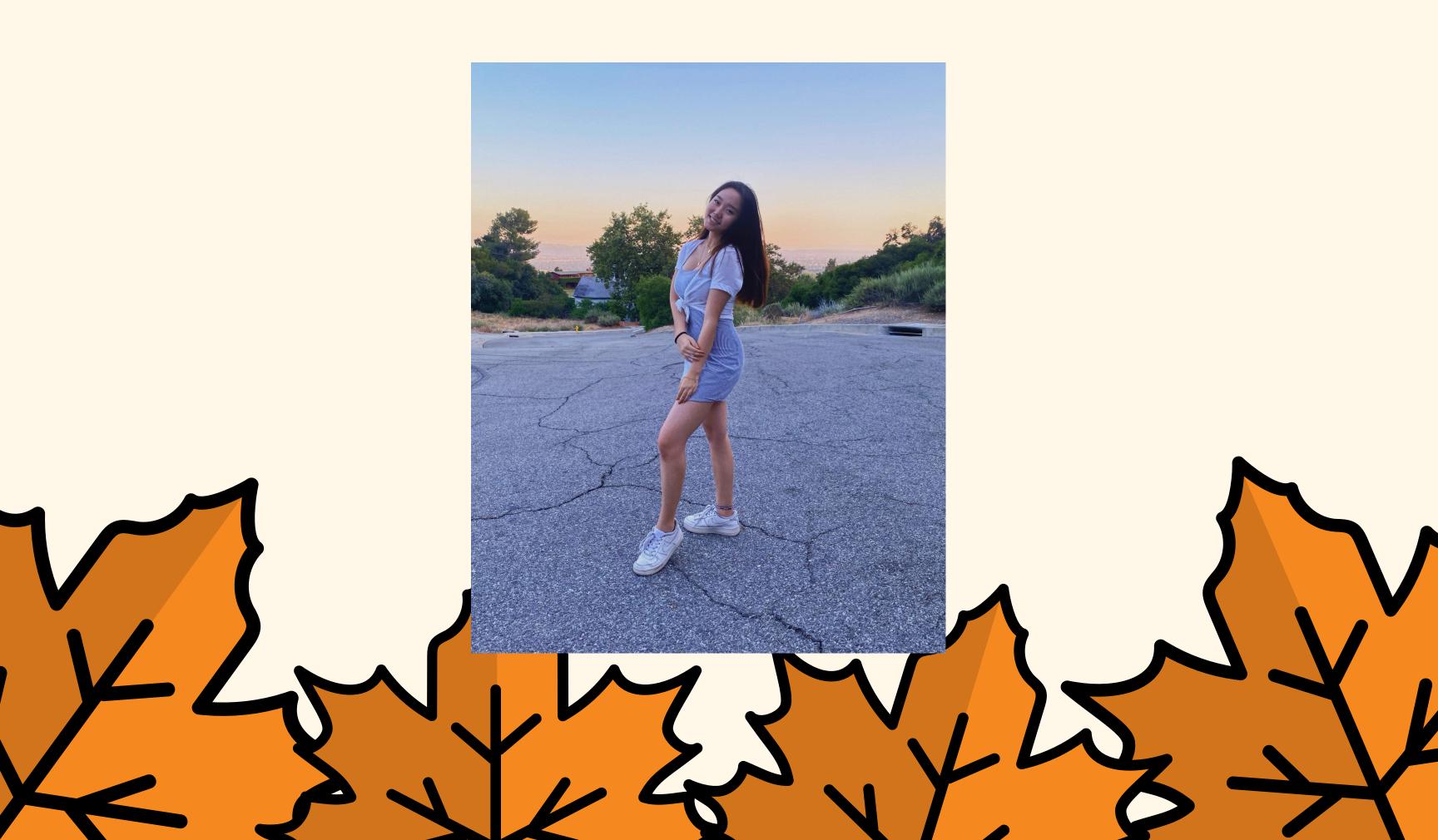




MEMBER OF THE MONTH

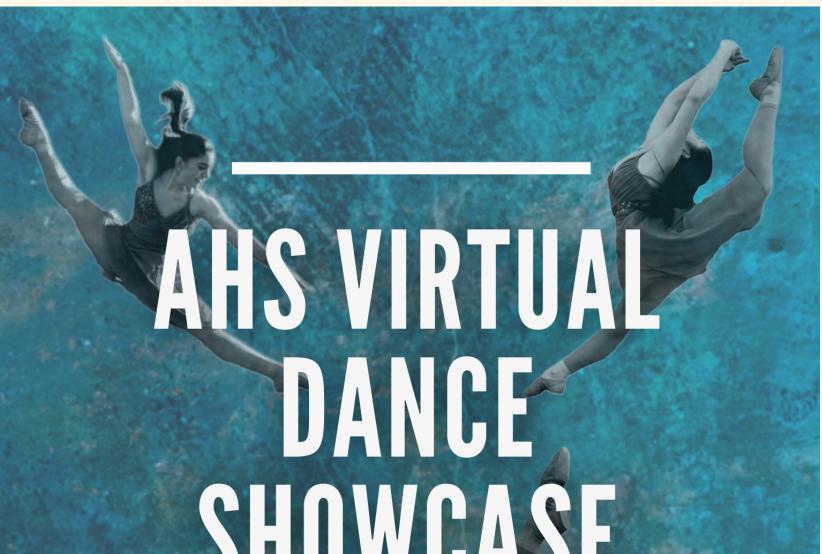
Congratulations to Katherine Sun for being October's member of the month! Her favorite styles of dance are contemporary and jazz and she has been dancing since she was four years old. Dance has allowed Kathy to make many memories with friends that she will cherish forever. Kathy also loves the way she can express herself on stage and transfer that emotion and energy to the audience. In her free time, she likes to sleep, scroll through TikTok, decorate her room, and talk to friends in a British accent. Keep up the great work and we

look forward to your growth throughout the rest of the year!



UPCOMING EVENTS

On December 11th, the AHS dance department will be holding a virtual dance showcase. Tune in at 7 PM to watch dances of a variety of styles



along with studentchoreographed pieces. The streaming link can be found at www.ahsorchesis.com under "Events & Tickets."

JIUNUADE

hosted by Orchesis Dance Company

ENJOY OUR ANNUAL DANCE DEPARTMENT SHOW FROM HOME!

12.11.20 AT 7PM

THE STREAMING LINK CAN BE FOUND AT WWW.AHSORCHESIS.COM UNDER 'EVENTS & TICKETS'

> FOR MORE INFORMATION EMAIL ORCHESIS@AUSD.NET





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